

# TRT Check – In

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Allergies:  Yes  No If yes, please explain \_\_\_\_\_

On a scale of 1-10 (10 being best), rate your energy level today: \_\_\_\_\_

Is this better or worse than your initial visit?  BETTER  WORSE  SAME

	YES	NO	SAME
1. Are you sleeping through the night? If No, _____	1. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Any testicle shrinkage? If Yes, _____	2. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Any tenderness in your nipples? If Yes, _____	3. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Any erectile dysfunction? If Yes, _____	4. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Any increase in acne? ( <i>back, neck, arms, ect.</i> ) If Yes, _____	5. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Any increase/decrease in sex drive? If Yes, _____	6. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Any thinning in hair? If Yes, _____	7. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Emotional changes? ( <i>aggression, depression, ect.</i> ) If Yes, _____	8. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Any injection site problems? ( <i>swelling, soreness</i> ) If Yes, _____	9. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Any increase in appetite? If Yes, _____	10. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Are you exercising? If Yes, how much/type? _____	11. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Are you having any headaches? If Yes, is it therapy related? _____	12. <input type="checkbox"/>	<input type="checkbox"/>	
13. Do you have any other concerns? If Yes, _____	13. <input type="checkbox"/>	<input type="checkbox"/>	
14. Do you feel you need to see a provider today? If Yes, _____	14. <input type="checkbox"/>	<input type="checkbox"/>	
15. Are you trying to conceive? If Yes, _____	15. <input type="checkbox"/>	<input type="checkbox"/>	
16. Are you experiencing any pain? If Yes, _____	16. <input type="checkbox"/>	<input type="checkbox"/>	

Notes: \_\_\_\_\_

Weight: \_\_\_\_\_

Measurements: Arm (R) or (L): \_\_\_\_\_ Waist: \_\_\_\_\_

BP: \_\_\_\_\_

Thigh (R) of (L): \_\_\_\_\_ Chest: \_\_\_\_\_

HR: \_\_\_\_\_

Hips: \_\_\_\_\_

O2: \_\_\_\_\_

TESTOSTERONE: \_\_\_\_\_

HCG: \_\_\_\_\_

B12: \_\_\_\_\_

Anastrozole: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Service Provider Signature: \_\_\_\_\_